

# HEALTH TALENTS TRIP REPORT

MARCH 7 - 14, 2015

## HARDING UNIVERSITY TO CHICHICASTENANGO

This team consisted of pediatrician Dr. Brian Cress; Harding sponsor Gary Hill, PA; Whitney Tappan, RN; PA students: Christina Byler, Trent Tappan, Megan Albers, Hannah Wright, Kelsi Todd, Hanna Jackson, Emily Myhousen, Seth Ransom, Kaitlyn Wilkins, Meredith Mitchell and team leaders Dave and Susan Mellor.

As you may have experienced, early March came in like a lion and brought with it snow, ice and general freezing misery. We did not mind leaving Atlanta to fly to sunny Guatemala City. We had a direct flight, ate breakfast in Atlanta, lunch in Guatemala. However, there were few of us who had such an easy trip.

Due to Nashville weather, Julie was unable to make her flight and did not arrive until the next day. Fortunately, we were there waiting for the Harding team and were able to receive the ACU team and get them on their way to Clinica Ezell. We gathered outside the airport car park and were delighted to see Lisa, Kemmel and other Guatemalan brothers arrive to take the Harding team to the mountains. Except there were only two Harding students who arrived - all the rest had been diverted due to ice and spent that night and the next day flying from Little Rock to San Francisco to Houston to finally arrive at their destination. We took the two students on to Chichi, while the rest of the Guatemalan team waited until the next day in the city for the others to arrive.

The Harding students finally arrived on Sunday, without luggage and were told it would not be there until Tuesday. We scraped together all the toiletries we could from Hotel Santo Tomas, shared what we had and bought the rest at the pharmacy. We didn't hear one complaint, everyone was clothed and as clean as could be expected.

So, Sunday got off to a slower start than usual, with the team arriving early afternoon. They were treated to Hotel Santo Tomas's wonderful buffet, so their introduction couldn't have been more impressive. The weather was sunny, dry and comfortably cool. We held our own worship service and introduction meeting by the pool, shared communion with our church family and got set for the next day of mobile medical work.



This trip was primarily meant to see the ABC students for their semi-annual well-child and dental check up. Kemmel and Lisa were anxious to try a round robin approach for the students. An ABC chart was picked up, the student checked the vitals, charted, then accompanied the child to each station. Many of them commented on how much they learned from Dr. Lisa who included them in the actual exam. "What do you hear?", "What does that sound like to you?" and other questions challenged the upcoming PA's to think on their feet.



We only encountered a few ABC students who were not above the 85th percentile in height and weight. All were given anti-parasite pills and multi-vitamins. We saw a lot of coughs and cold this time, probably due to the amazing amount of dust on the roads - rainy season could not come at a better time.

One of the best prescriptions I have seen was written on this trip:

Neuro  \_\_\_\_\_  
 Musculo esqu.  \_\_\_\_\_  
 Genital  \_\_\_\_\_

Impresión Clínica  
 Niño sano (Well child)

\_\_\_\_\_

\_\_\_\_\_

Plan  
 ✓ Multivitamina diario   
 ✓ Albendazole 400mg DU

*Encourage deep breathing techniques and prayers to ↓ situational anxiety*

Plan Educativo Nutrición  Higiene  Educación sexual   
 Abuso de drogas/alcohol  Salvación  Tutoría